



**DO YOU KNOW OUR MOTHER, HER NAME IS EARTH
SCHEDULE, AUGUST 11-16, 2024**

Sunday Evening

What We See Now

Exploring wherever you are in your relationship with our mother, we will create a cooperative piece using words, lines, and colors. And maybe some magazine pictures too!

Monday

AM

Don't Get Turned Around!

Honoring the four directions and understanding their wisdom has been a long time indigenous practice that we too will share. But, be prepared for a twist that leads to a surprise!

PM

Your Square Yard of Connection

Now you discover why you found that surprise! It will help create your anchor point for the rest of the retreat. This time is all about grounding, connecting, and a little bit of choosing.

Evening

We're going to have so much fun practicing one of our mother's overriding principles! You'll see!

Tuesday

AM

What's That Vibrating in My Ear?

Birds, thunder... we know all about these sounds, but we are pretty sure you never heard this!

PM

Elemental, dear Watson

We will receive guidance that may solve some of our own mysteries that with the wisdom of the four elements.

Evening

A Surprise! (But bring your drum!)



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Wednesday

AM

Finding Wonders

Be ready to tune in while being silent! There are wonders you have yet to see or feel!

PM

Buzzz, hummmmm, Wait, what's all that?

Our mother created our bodies to experience her wisdom and insights. This afternoon you will discover how you personally receive one way she communicates with you.

Evening:

***GAME NIGHT!* But we are keeping you in suspense about the games! However, we can assure you that you will laugh!**

Thursday

AM

Immersion.

And that's all we're going to say about this special treat!

PM

We're on a Mission!

No, the tape will not self-destruct after listening to it, and the mission is safe and fun, but nevertheless, we will all go on a mission to take what we have learned to new heights!



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Friday

AM

You can Speak More Languages than You Know!

Discover just how multi-lingual you are!

PM

What You Know, and More Importantly, Giving Back

Exploring wherever you are in your relationship with our mother, we will create a cooperative piece using words, lines, and colors. And maybe some magazine pictures too! Wait, this sounds familiar! But, you are not the same as you were six days ago... let's find out where you are now!

A closing ceremony to give back to our mother...